



ETERNITY SPA

• OPERATIONAL HOURS

Eternity Spa is open daily from 10.00 am to 7.00 pm

• RESERVATIONS

You can visit the spa or dial 810 for reservations and further information. Booking in advance is highly recommended to secure the preferred time.

• ARRIVAL

Please arrive 15 minutes prior for a smooth and convenient procedure before the treatment.

In the case of late arrival, the length of your treatment will be shortened to end as scheduled allowing our therapists to take their next scheduled appointment on time.

• HEALTH CONCERNS

Please advise us of pregnancy or health conditions when booking your treatment that may affect your experience.

• RECOMMENDATIONS

We recommend that jewelry and valuables to be kept in the safety box available in your villa. The spa is not responsible for the loss, damage or misplacement of personal items. We kindly request that you refrain from using mobile phones in the spa to ensure a tranquil environment

• CHARGES

Prices are in US Dollars and inclusive of 10% service charge and 17% Government GST. Additional gratuities are at your discretion. All treatments will be charged to your villa and appear on your account at the time of check out.

• CANCELLATION POLICY

We kindly ask for at least 6 hours' notice if you need to cancel or reschedule your appointment. Cancellations made with less than 6 hours' notice or no shows will result in a fee of 50% of the scheduled service price.

SPA MENU

Traditional Balinese Massage | 60 Minutes/ 90 Minutes \$145/ \$195

An old technique of massage that has already been used for many centuries in Bali and Indonesia. Created to stimulate the flow of blood circulation, oxygen, and positive energy around your body and bring a sense of well-being, calm and deep relaxation.

Aromatherapy Massage | 60 Minutes/ 90 Minutes \$185/ \$235

A personalized blend of your choice with massage oil that helps to bring up your mood and your overall relaxation in mind. The combination of massage and the calming scents of essential oils can help to reduce stress and anxiety. Ideal for a first-time spa visitor

Swedish Massage | 60 Minutes/ 90 Minutes \$145/ \$195

The massage techniques like effleurage and friction stimulate blood flow, delivering oxygen and nutrients to tissues. It also helps release muscle tension and knots, leading to a sense of relaxation and reduced discomfort.

Classic Thai Massage | 60 Minutes/ 90 Minutes \$220/ \$260

An old technique that has been developed by Buddhist monks in Thailand 2500 years ago. This oil free unique and effective therapy provides a range of physical and mental health benefits by combining stretching, acupressure and a focus on energy flow and well-being.

Hot Stone Massage | 60 Minutes/ 90 Minutes \$210/ \$275

This massage is a therapeutic massage technique that uses smooth, heated stones (typically basalt). The heat from the stones helps to relieve muscle or joint tension and increase blood circulation creating a balance of calm and wellbeing.

Prenatal massage | 60 Minutes

\$155

A specialized massage therapy designed for pregnant women to address the physical and emotional changes of pregnancy. Focusing on areas like the lower back, hips and legs to reduce stress, alleviate pain, improve circulation, and promote relaxation.

Add-On Bliss | 30 Minutes

\$65

You can design your own treatment. Add 30-minute possibilities to experience a full-body treatment.

Sunburn Escape | 75 Minutes

\$185

A cooling treatment after having extreme sun exposure that helps to reduce the redness, burn sensation, and swollen and flakey peeled skin. This treatment was designed to calm and restore the skin.

BRENNIA SIGNATURES

Brennia Signature Massage | 60 Minutes/ 90 Minutes

\$190/ \$240

Our signature massage technique relieves stress and fatigue, boosts both emotional and physical wellbeing, assists alignment and postural integrity of the body. This will improve circulation of blood, promoting relaxation and a sense of well-being.

Brennia Stress Reliever | 45 Minutes

\$125

A classic Balinese massage combined with the warmed herbal poultice. Focusing more on the lower back, shoulder, and neck. this massage helps to reduce the back pain, discomfort, sleep wronged positions, and strains.

Oriental Massage | 60 Minutes/ 90 Minutes

\$175/ \$215

A combination massage between Balinese, Thai and Shiatsu. Techniques like Thai massage can help improve flexibility and range of motion by stretching and releasing muscle tension. Overall, by promoting relaxation and balancing the body's energy, oriental massage can help boost the immune system.

Maldivian Muscle Ease | 60 Minutes/ 90 Minutes

\$185/ \$230

An old style of Maldivian body massage technique that's mainly designed to alleviate muscle pain, tension, soreness and sport injuries. Deep strokes and pressure are often used to reach the deeper layers of muscles, which can help break down knots and adhesions. Lavendar or Rosemary essential oils are used to lubricate the skin and enhance the massage's effects.

Brennia Twin Massage | 70 Minutes

\$310

Two therapists work on one client, often using synchronized moves. A four-hands massage can be like experiencing two full-body massages at the same time. This massage helps to increase relaxation, and synchronized body movements, the brain reacts differently compared to other massage types and provides better sleep.

SOULFUL ESCAPE FOR COUPLES

Designed for couples bringing you closer to your loved one. Perfect for anniversaries, special occasions or simply enjoying quality time together.

Him and Her | 60 Minutes

\$310 PER COUPLE

Created for a romantic time together immersed with aroma of essential oil and indulge in a restoring & calming massage. This experience is designed to strengthen your bond and create lasting memories.

Full Moon Magic | 1 hour 30 minutes

\$400 PER COUPLE

This treatment is designed to enhance intimacy and connection while providing a deeply relaxing and sensual experience. Enjoy the comfort of being side-by-side as our therapists work to soothe your bodies and souls.

- Himalayan Pink Salt body scrub offering exfoliation, detoxification, and moisturizing leaving the skin radiant and soft.
- Your choice of body massage for 60 minutes.
(Could be chosen between Balinese and Swedish Massage)

Honeymoon Retreat | 2 hours

\$550 PER COUPLE

An intimate ritual with a fusion of treatments to uplift your mind, body and senses followed by our signature foot ritual.

For Her :

- Shea butter Coconut body scrub benefits the skin by removing dead cells, promoting a smooth, radiant glow, and providing long-lasting moisture.
- Aromatherapy Massage 50 minutes
- Head massage using coconut oil infused with rosemary to help improve scalp health and hair follicle function.

For Him :

- Shea butter coffee scrub benefits the skin by removing dead cells, promoting deep hydration, gentle exfoliation, and skin rejuvenation.
- Maldivian Muscle Ease 50 minutes
- Head massage using coconut oil infused with rosemary to help improve scalp health and hair follicle function.

BRENNIA TRANQUILITY EXPERIENCES

A three-day luxurious retreat escape offering a comprehensive wellness experience, blending relaxation. More than just the treatments; it's about creating a holistic experience that allows you to fully unwind, restore and reconnect with yourself

Schedule your own sanctuary package.

3 Day Packages

❖ Brennia 1 : Ocean Glow Ritual

\$345

Unwind, refresh and reveal your nature radiance

Day One : Full Body Massage - 60 minutes

(Could be chosen between Balinese and Swedish Massage)

Day Two : Body Scrub - 30 minutes

Day Three : Express Facial according to skin type - 40 minutes

❖ Brennia 2 : Island Bliss

\$345

A signature retreat for deep restoration and soft elegance

Day One : Brennia Signature Massage - 60 minutes

Day Two : Express Pedicure – 40 minutes

(A foot treatment with nail reshaping, gentle buffing, cuticle treatment and gentle exfoliation to remove dry skin.)

Day Three : Body Wrap - 30 minutes

❖ Brennia 3 : Vitality Flow

\$345

Recharge your energy and reconnect mind, body and soul

Day One : Full Body Massage - 60 minutes

(Could be chosen between Aromatherapy and Maldivian Muscle Ease Massage)

Day Two : Foot reflexology – 30 minutes

Day Three : Face Cleanup – 30 minutes

QUICK BLISS

These short but effective massages are perfect for those looking for a quick fix on a particular area of the body.

Foot reflexology | 30 Minutes

\$90

A massage therapy that applies pressure to specific points on the feet which can help stimulate the body's self-healing capabilities and promote overall well-being.

Back Massage | 30 Minutes

\$90

A massage on your back, upper shoulder and neck to relieve pain and ease stiffness.

Head And Shoulder Massage | 30 Minutes

\$90

Increased blood flow to the head and neck can help improve tissue metabolism and reduce headache pain. It will also help lower stress hormones and promote relaxation.

Face Massage | 30 Minutes

\$90

Increases blood flow to the skin, potentially boosting oxygen and nutrient delivery. Also helps release tension in facial muscles, which is a common response to stress and can contribute to wrinkles.

BODY SCRUBS

Body Scrub is a treatment that exfoliates and removes dead skin cells, leaving your skin soft, smooth and radiant.

(Application of body lotion is included)

Himalayan Pink Salt Scrub | 30 Minutes

\$90

The salt crystals gently exfoliate, removing dead skin cells and revealing brighter, smoother skin. Also it helps detoxify the skin by drawing out toxins and can contribute to muscle relaxation and may help reduce muscle cramps.

Shea Butter Coffee Scrub | 30 Minutes

\$90

The scrub provides both exfoliation and hydration, making it effective for removing dead skin cells and nourishing the skin at the same time.

Shea Butter Coconut Scrub | 30 Minutes

\$90

Provides intense hydration, leaving your skin feeling soft and supple. This scrub aids in removing dullness and impurities without causing irritation.

Shea Butter Rice Milk Scrub | 30 Minutes

\$90

Moisturizing and nourishing benefits with gentle exfoliation and brightening properties of rice milk. This scrub can help remove dead skin cells, leaving your skin feeling smoother, softer, and more radiant.

Shea Butter Lavender Scrub | 30 Minutes

\$90

The scrub helps to remove dead skin cells, revealing smoother, brighter skin while the anti-inflammatory and antibacterial properties of lavender, along with shea butter's moisturizing benefits, can help to alleviate acne and other skin conditions.

BODY WRAPS

Body Wrap is a nourishing treatment where your body is wrapped with a specially formulated product to enhance absorption, promote detoxification and hydrate the skin.

(Application of body lotion is included)

Papaya Wrap | 30 Minutes

\$90

Papaya is one of the magical fruits rich in great minerals and vitamins that can suit all skin types. Papaya contains potassium that can hydrate the skin and keep it from becoming dry and dull.

Coconut Wrap | 30 Minutes

\$90

Primarily focused on skin hydration, nourishment and rejuvenation. It can deeply hydrate and moisturize, improve skin elasticity and provide antioxidant protection leading to softer, smoother and more radiant skin.

Cucumber Wrap | 30 Minutes

\$90

Its cooling, hydrating and anti-inflammatory properties can soothe irritated skin, reduce swelling and improve skin texture by moisturizing and nourishing it. Additionally, the antioxidants in cucumber help protect the skin from free radical damage, potentially reducing signs of aging.

Tiny Treats



Where relaxation meets fun!

A range of delightful treatments that are gentle, safe and tailored to make your little ones feel special. Designed for children aged 4-12 years and must be accompanied by parents.

Kids Full body massage | 45 Minutes

\$90

A relaxing massage using organic coconut oil to soothe muscles and help kids to relax and sleep well.

Kids Foot massage | 30 Minutes

\$65

Helps boost the immune system, improve sleep quality, reduce anxiety and stress and promote healthy growth and development.

Kids Head and Shoulder massage | 30 Minutes

\$65

A tender head and shoulder massage that can release tension, improve blood circulation and encourage sound sleep.



Tiny Tips & Toes



Express Manicure/ Pedicure | 30 Minutes

\$30/ \$40

Full set of cutting, filling and Normal Nail polish application.

Nail Polish Application | 15 Minutes

\$20

Normal color application on hands & toes

Add On – Simple Nail Art | 15 Minutes

\$30

Ponytails & Pixie Dust

Kids Hair Wash & Dry | 20 Minutes

\$25

Kids Hair Cuts | 30 Minutes

\$40

Hair Setting | 30 Minutes

Blow dry Setting, Iron or Curl

\$30

Simple Hair Styles | 30 Minutes

\$30

Hair Up do or Braiding



SALON MENU

NAILS

Spa Manicure 50 Minutes	\$75
A hand treatment with nail reshaping, gentle buffing, cuticle treatment and gentle exfoliation followed by a relaxing hand massage.	
Spa Pedicure 60 Minutes	\$85
A foot treatment with nail reshaping, gentle buffing, cuticle treatment and gentle exfoliation to remove dry skin finishing with a relaxing leg massage.	
Add On Services	
Nail Cut & Shaping 15 Minutes	\$15
Normal Nail Polish Application 15 Minutes	\$30
Simple Nail Art 20 Minutes	\$40
Gel Nail Polish Application 15 Minutes	\$45
Gel Polish Change 45 Minutes	\$65
Simple Gel Arts 30 Minutes	\$55
French Tip Nail Art 40 Minutes	
·Normal Colors	\$50
·Gel Colors	\$65

THE FACIAL EXPERIENCE

Face Cleanup | 30 Minutes

\$90

A grooming treatment that is focused on cleaning and exfoliating your skin to remove dirt, oil, and other impurities from the skin.

Classic Facial | 60 Minutes

\$140

A treatment with cleansing, exfoliation, extraction, massage and hydration focusing on each skin type.

Gentlemen's Facial | 60 Minutes

\$140

A specialized skincare treatment tailored for men's skin, focusing on deep cleansing, resurfacing and moisturizing, diminishing clogged pores and dead skin.

Advanced Facials | 1 Hour And 30 Minutes

\$175

Done using High-frequency and galvanic treatments to address various skin concerns.

- Brightening Facial

Gives a brighter, more even-toned complexion, with reduced appearance of dark spots and improved overall skin texture.

- Acne Treatment

A specialized skincare treatment designed to address acne-prone skin by targeting the root causes of acne, such as excess oil production, clogged pores and inflammation.

- Anti-Aging Facial

This skin treatment is designed to address and reduce the visible signs of aging, such as wrinkles, fine lines and loss of elasticity.

HAIR

Wash And Dry | 30 Minutes

\$35

The sun and sea can be tough on the health and vitality of our hair. Let us take care of it with a relaxing hair wash.

Hair Cuts

Trim - Ladies/ Gents | 40 Minutes

\$55 /\$65

Fashion Cut - Short/Medium/Long Hair | 40 Minutes

\$95/\$115/\$125

HAIR SETTINGS

Blow Dry, Iron or Curls - Short/Medium/Long Hair | 60 Minutes

\$75/\$90/\$115

HAIR STYLING

Simple Hair Styles | 30 Minutes

\$65

Hair Updo | 40 Minutes

\$80

Bridal Hair Styles | 1 Hour 30 Minutes

\$150

TREATMENTS FOR HAIR

Hair Oil Treatment | 40 Minutes

\$145

This hot oil massage treatment enhances blood circulation in the nerves beneath the scalp which helps stimulate dormant follicles, aiding in hair growth and reducing hair fall.

Moisturizing Treatment | 40 Minutes

\$135

This treatment helps strengthen hair, reduce breakage and split ends, improve elasticity and revitalize damaged hair. It's a great way to add shine and hydration to hair.

Dandruff Treatment | 40 Minutes

\$135

An effective treatment to treat dandruff by exfoliating the scalp and removing dead skin cells, buildup, and impurities which can contribute to dandruff and other scalp issues.

HAIR COLORS

Root Touch Up (Up to 2 Inches) 60 Minutes	\$75
Full Hair - Short/Medium/Long Hair 1 Hour 30 Minutes	\$135/\$145/\$170
Part Line Highlights - Medium/Long Hair 1 Hour 30 Minutes	\$120/ \$145
Half Head Highlights - Medium/Long Hair 1 Hour 40 Minutes	\$145/ \$165
Full Head Highlights - Medium/Long Hair 2 Hour 30 Minutes	\$165/ \$190
Ombre – Half Hair/ Full Hair 1 Hour 30 Minutes	\$150/ \$220

THREADING

Eyebrows/ Upper Lip/ Chin 10 Minutes	\$15
Full Face 30 Minutes	\$50

WAXING

Eyebrows/ Upper Lip/ Chin 20 Minutes	\$30
Full Face 45 Minutes	\$95
Underarm 30 Minutes	\$40
Bikini/ Brazilian 40 Minutes	\$60/\$120
Half Leg 30 Minutes	\$60
Full Leg 50 Minutes	\$90
Half Arm 20 Minutes	\$50
Full Arm 40 Minutes	\$70
Back 40 Minutes	\$80
Full Body 2 Hour 30 Minutes	\$400

MAKEUP

Evening Makeup 40 Minutes	\$80
Bridal Makeup 1 Hour 30 Minutes	\$150