

Mandara Spa at Adaaran Select Hudhuranfushi

Open 10am to 9pm

Packaged by Mandara

Royal Retreat

2 hrs 30 mins \$515 / couple

Feel like royalty as you succumb to a relaxing experience combining old – age tradition with the finest European skin care. Aromatherapy Floral Footbath ~ Choice of Balinese Massage or Tension Relief Massage ~ ELEMIS Facial.

Yin & Yang

2 hrs 5 mins \$390 / couple

The ideal 'him and her' package for a magically romantic Spa experience.

HiM: Aromatherapy Reflex Footbath ~ Lavender Body Wash ~ Coffee Scrub ~ Aromatherapy Bath with Refreshment ~ Balinese Massage or Warm Stone Massage.

Her: Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Javanese Lulur ~ Aromatherapy Bath with Refreshment ~ Balinese Massage or Warm Stone Massage.

Ultimate Indulgence

2 hrs 30 mins \$350

An exotic, luxurious and unforgettable celebration of indulgence. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath ~ Mandara Massage ~ Foot Massage ~ ELEMIS Taster Facial.

Sultry Citrus Body Buff

2 hrs 5 mins \$280

Delivered with a refreshing burst of zing, this package gives you the look and feel of healthy, radiant skin and a mood to match. Aroma Reflex Foot Ritual ~ ELEMIS Intensely Cleansing Salt Scrub - Lime and Ginger, including mini facial ~ ELEMIS Specialty Bath ~ Balinese Massage.

Frangipani Body Glow

2 hrs

\$270

Uplifting and re-energising, this full body exfoliation and nourish ritual featuring ELEMIS Skincare is designed to transform and restore, completed with a facial and massage, promises to impart a true sense of joy and lightness. Warm Oil Drizzle ~ Lime and Ginger Exfoliation ~ Frangipani Monoi Body Cocoon ~ Mini Facial ~ Balinese Massage.

Harmony

2 hrs

\$235

A delightful package that will leave you looking refreshed and radiant. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Bath ~ Balinese Massage or Pure Nature Facial.

Spa Discovery

1 hr 20 mins

\$170

Age-old tradition combines with the finest European skincare for a deliciously relaxing experience. Balinese Massage ~ ELEMIS Taster Facial.



All prices are quoted in US Dollars (USD) and inclusive of 10% Service Charge and 17% Tourism, Goods and Service Tax. Rates are subject to change without prior notice.

MANDARA
— SPA —

Transcend. Transform. Trust the Moment.

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ELEMIS Face

ELEMIS Pro-Collagen Age Defy

1 hr \$185

Tackle fine lines and wrinkles with the clinically proven* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

ELEMIS Dynamic Resurfacing Precision Peel

1 hr \$180

Clinically proven* to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin.

ELEMIS Superfood Pro-Radiance

1 hr \$170

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven* to leave skin plumper, radiant and lit up with good health.

*Independent clinical trials

ELEMIS Body

ELEMIS Body Nectar Nourishing Wrap -Frangipani

45 mins \$135

The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

ELEMIS Intensely Cleansing Salt Scrub - Lime and

Ginger 45 mins \$135

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.



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Asian Head Massage

1 hr 30 mins	\$220
1 hr	\$170

This shoulder, neck, upper back, arm and scalp massage is based on the ancient healing system of Ayurveda. A Thai poultice filled with exotic leaves, flowers and lime essential oil is dipped in warm coconut oil and used on the scalp, for scalp and hair care as well as complete relaxation. Deep thumb and finger pressure, friction and soothing strokes help to reduce tension, improve circulation and flush out physical and emotional toxins.

Balinese Massage

1 hr 30 mins	\$200
1 hr	\$155

Our most relaxing massage, harnessing the therapeutic properties of 100% pure essential oils. Used for centuries to renew, strengthen and heal both body and mind, this traditional therapy combines stretching, long strokes, skin rolling and palm and thumb pressure techniques to relieve tension, improve blood flow, ease stress and calm the mind. It can also help to improve the circulatory, lymphatic, muscular and nervous systems. For jetlag recovery, choose our Tranquility massage oil blend.

Warm Stone Massage

1 hr	\$170
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The healing power of touch combines with the energy of the earth in this relaxing, muscle melting massage. Smooth, warmed rocks glide across your body in long, flowing strokes. The heat helps to relax the muscles and has a soothing effect on your emotions. Simultaneously, rocks are placed on the body's various energy points to encourage the body's healing potential.

Fancy Foot-work

1 hr	\$155
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The most blissful ride your feet will ever take you on. It's like reflexology without the 'ouch'. Based on the same therapeutic principles of its ancient ancestor, this foot massage will help to release toxins and restore your body's energy flow. And it feels like bliss at its celestial best.

More of Mandara

Spa Pedicure Power Polish	1 hr 15 mins	\$130
Spa Manicure Power Polish	1 hr	\$105
Spa Pedicure	1 hr 15 mins	\$120
Spa Manicure	1 hr	\$ 95
Gel Polish Removal	30 mins	\$ 45

These deluxe treatments include an aromatherapy hand or foot soak, traditional nail care, cuticle stimulation, nail colour and a wonderfully relaxing hand and arm or lower leg massage. The Spa Pedicure also includes a rejuvenating foot mask.

Gift Certificate

Gift certificate purchase is available for all Spa treatments or at a value amount. Please contact our Spa Reception for further details.

Homecare & Gifts

Luxury skin and body care products along with beautiful gifts are available at our Spa Boutique.



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